



Nevada Early Intervention Spring—Summer Family Newsletter

April - May - June 2020 Volume 10 No 2

**Message from Part C's State Family Resource Coordinator,
Information & Referral...**

Dear Parents/Families,

It is that time of year again to celebrate both "Mother's Day", in May and "Father's Day", in June.

Like any parent, when you find out your child has a disability the first thing you look for is information. You read books, do research on the internet, and ask questions.

Families are a key part of the early childhood intervention team. However parents of children with disabilities daily face a daunting array of decisions in support of their children. Family caregiving involves medical, educational, emotional, and psychological support, both for the children with disabilities and for other family members (e.g., siblings).

One of the resources available to parents, professionals, educators, and staff working with young

children with disabilities and their families is the Early Childhood Special Education Library located in the IDEA Part C Office. This library contains hundreds of books, articles, videos regarding children, families, disabilities, parenting, grandparenting, sibling relationships, working as a team, and early intervention practices.

This library is available for use statewide to families, service providers and educators; families can request materials through their service coordinator.

Check out some of the books for Moms and Dads on page 4 & 5.

If you have questions, contact us: ProjectAssist@dhhs.nv.gov or 1-800-522-0066

Sincerely,
Dan Dinnell



Cheryl, Eric, and Dan

NEVADA'S EARLY INTERVENTION SERVICES

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To receive the newsletter electronically contact us!
ProjectAssist@dhhs.nv.gov

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Dear Parents/Families,

You are invited to attend...

NEVADA'S EARLY INTERVENTION

INTERAGENCY COORDINATING COUNCIL (ICC)

Nevada's **ICC** was set up to advise and assist Nevada in the development and implementation of a statewide system of early intervention services for young children with developmental delays or disabilities and their families. It is especially important to hear from families and we encourage you to participate. The next meeting will be held in Las Vegas

Thursday—April 30, to May 1, 2020, at 9:00 a.m. (Face-to-face in Las Vegas)

Always check the meeting agendas for locations, times and changes—posted at:

<http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/>

The ICC bylaws and membership can be viewed at

<http://dhhs.nv.gov/Programs/IDEA/ICC/Home/>
under "Who is on the ICC?", click on **Current Membership**.

For information contact us at ProjectAssist@dhhs.nv.gov or 1-800-522-0066

Program Highlights!

"Support families' connections and capabilities. Provide opportunities for families to build upon their knowledge and skills to foster children's development, learning and wellness; advocate for their child and family; share experiences and expertise with other families; and take on leadership and advocacy roles in early childhood systems and programs. . ."

– U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES and U.S. DEPARTMENT OF EDUCATION POLICY STATEMENT ON FAMILY ENGAGEMENT FROM THE EARLY YEARS TO THE EARLY GRADES – May 5, 2016

Parent Support Group – Why it should be a critical piece of your Early Intervention Journey!



Did you know that Nevada Early Intervention Services (NEIS) in Reno, has had a parent support group running for over a year? This support group provides hope, social support, information, and encourages advocacy for your child. Meeting topics vary from month to month, and sometimes guest speakers join us to talk about community resources or various early intervention (EI) topics such as aging out of EI and what to expect from the school district.

Our monthly group introduces parents to others who are facing similar challenges while trying to navigate the systems involved in Early Intervention Services. Meeting others who can relate to challenges while grocery shopping, potty-training etc., can add a real sense of relief for parents who thought no one else could possibly understand. Early Intervention parents often feel isolated. Attending a support group can provide a safe place to meet others with similar experiences. Parents might even exchange phone numbers and offer support outside of the support group as needed. Peer support from other parents and EI providers can offer training and education to increase parents' knowledge and skills, and an expertise in parenting children with similar challenges.

The group is run by a master's level social worker and an experienced developmental specialist/Marriage and Family Therapist. These experts can assist you in information and referral resources, individualized parental support, crisis intervention services, specialized supports for families experiencing systems challenges with child welfare, school systems etc. and can help connect you on an emotional level with other parents going through similar experiences. Our experts facilitate parent discussions in a safe, non-judgmental challenges, areas of growth, feelings and other emotions.

Nevada Early Intervention Services in Reno recognizes that parents are busy, which is why these groups are run in the early evening, and dinner with childcare is available.

For more information please call Paula Crandell at 775-687-9748 or email her at paulacrandell@adsd.nv.gov

"When we know the facts about people, we know what they are. When we know their stories, we know who they are." (John Quincy Adams)

"I AM A BIG BELIEVER IN EARLY INTERVENTION" - Temple Grandin

Nevada Parent Advocacy Initiative: By Parents, for Parents—It's all the insider information about Nevada's Early Intervention Services System in one common place. This project consists of a parent **Facebook** (www.nvparents.com/fb) support page for families with children in Early Intervention Services, information to give parents the basic knowledge they need to access and utilize services effectively, and a website that shares with everyone. **Early Intervention Parents Nevada** is a place for all parents of children with disabilities to connect. Please post your personal stories, questions about your child's development and/or disability, questions about Early Intervention programs, great parenting articles you've come across, community resources and events at

www.nvparents.com

*My name is Cheryl-Annette Parker, and I help the **Signing Time Foundation** with some of its projects and outreach programs. The **Signing Time Foundation** is dedicated to making sign language fun and accessible to all children. I wanted to let you know about a free resource that we provide to parents of children under age 3 with special needs.*

Our new online American Sign Language course, "Sign It: American Sign Language Made Easy" is a collaborative effort of many people and groups including the Signing Time Foundation, NCHAM, and numerous professionals in the Deaf community. It is an online, self-paced course that uses humorous skits to help immerse students in the language. As the lessons are produced and completed, we are making them available to the public at <https://signitasl.com>. Eventually, we plan to have 50 lessons; so far 15 of those have been funded and released.

The full course is available for free to parents of deaf or hard-of-hearing children (any level) under age three. To receive access, parents should fill out the application form at www.mydeafchild.org. So far, we have given this course to over 3,000 families in the United States. If families do not qualify for the free program (their child is older than 36 months), they can still purchase it. We also have educational site licenses available to schools and large groups.

Recently, we launched a funding campaign to enable us to gift this same course to parents of ALL infants & toddlers in the USA with disabilities (as defined in IDEA Part C). Once our funding goal is met, we will be opening this new program to thousands of additional families. If you would like to follow that campaign, you can track it at <https://donorbox.org/signit4all>

Please let me know if you have any questions about our outreach programs.

Many thanks,
Cheryl-Annette
Email: foundation@signingtime.com

CDC's free Milestone Tracker App (available in Spanish!)

Track your child's milestones from age 2 months to 5 years with CDC's easy-to-use illustrated checklists; get tips from CDC for encouraging your child's development; and find out what to do if you are ever concerned about how your child is developing.

From birth to age 5, your child should reach milestones in how he or she plays, learns, speaks, acts, and moves. Photos and videos in this app illustrate each milestone and make tracking them for your child easy and fun!

The use of this app is not a substitute for the use of validated, standardized developmental screening tools as recommended by the American Academy of Pediatrics.

<https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

The Part C Family Newsletter has opportunities to suggest and share... You are invited to submit articles, share your story, or include your child in a Family Spotlight, with a photo. (All items are subject to editing and review.)

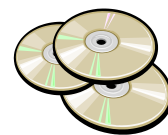


For Families & Professionals —

FREE LENDING LIBRARY

There are a great many things to learn... check them out!!!

Hundreds of books and DVDs are available for use statewide—
contact your service provider or coordinator



Mother's Day is May 10

A few of our Books for Moms

A Cup of Comfort for Parents of Children with Special Needs: Stories that celebrate the differences in our extraordinary kids, by Colleen Sell, – A diagnosis of a child's special need can be extremely difficult for parents. However, every day, these children accomplish small victories and make great strides that improve their own lives—and brighten their parents' days.

Becoming a Seriously Happy Special Needs Mom: 21 Steps to Finding Your Happy Place, by Linda James Bennett – As a special needs mom we forget to take care of ourselves, because we are so busy taking care of everyone and everything. This level of busy is exhausting. Practical tips, life lessons, and strategies to open your mind to new ways of thinking.

Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations — award-winning writer Judy Winter helps parents 'raise the bar of expectations' for their challenged children. From getting over the myth of the perfect baby, to dealing with staring, to maneuvering the school system, her wisdom is both practical and inspiring."

Building a Joyful Life with your Child who has Special Needs, by Whiteman and Roan-Yager — This book considers the challenges of caring for children with physical, developmental and mental health disorders. Chapters deal with key topics such as coping with a diagnosis, discussing support needs with a child's teachers and explaining a child's differences to their peers, and the authors stress the importance of parents building support systems for themselves and their children.

Living a Happy Life with a Special-Needs Child: A Parent's Perspective, by Robin Williams Evans — An invaluable resource for parents and caregivers of special-needs children, as well as anyone who wants to better understand them. Topics include surviving the neonatal intensive care unit, taking care of yourself and your significant other, organizing doctor's appointments, managing hospital stays, skillfully navigating insurance, and finding childcare.

More Than A Mom: Living A Full And Balanced Life When Your Child Has Special Needs, by Amy Baskin & Heather Fawcett — Research, personal experiences, and feedback from over 500 mothers across North America results in a book that is jam-packed with practical strategies, advice, and reassurance for mothers trying to create more manageable and fulfilling lives.

Shut Up About Your Perfect Kid: A Survival Guide for Ordinary Parents of Special Children, by Gina Gallagher and Patricia Konjoian – They address the challenges, the heartbreak, and the touching victories of parenting children with disabilities today.

If you have questions or recommendations for the Library, send an email to

ProjectAssist@dhhs.nv.gov

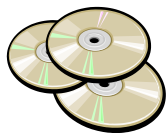
Catalog at: <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>



Free Printable Mothers Day Coupons

This is an easy Mother's Day gift to print and download. (Moms, if you're pretty sure someone's going to forget your special day, feel free to download and print the coupons for them.)

<https://www.homemade-gifts-made-easy.com/mothers-day-coupons.html>



For Families & Professionals —



FREE LENDING LIBRARY

There are a great many things to learn... check them out!!!

Hundreds of books and DVDs are available for use statewide—
contact your service provider or coordinator.

Father's Day is June 21

A few of our Books by Dads for Dads

Autism in the Family: Caring and Coping Together, by Robert Naseef — How can parents provide the best support for their child with autism—and ensure that the whole family's needs are met? A practicing psychologist and father of an adult son with autism, Dr. Naseef has both personal and professional expertise to share.

The Boy in the Moon - A Father's Journey to Understand His Extraordinary Son, by Ian Brown — Ian's son Walker, is one of about 300 people worldwide diagnosed with an extremely rare genetic mutation with significant disabilities, so Ian travels the globe, meeting with genetic scientists and neurologists as well as parents, to solve the questions doctors can't answer.

Chosen Fathers: Life Lessons Learned from Fathers of Children with Disabilities, by Eliya Stromberg — Chosen Fathers is frankly about marriage, sibling rivalry, financial stress, community relations, challenges of faith, feelings of inadequacy, burn out, and more.

Common Man, Extraordinary Call: Thriving as the Dad of a Child with Special Needs, by Jeff Davidson & Becky Davidson — As a twenty-year veteran of special-needs parenting, Jeff Davidson wrote a field manual to give fathers the skills required for the day-to-day demands of parenting: warrior, protector, provider, encourager, and equipper.

Confessions of a Special Needs Dad: Honesty and Hope for the Journey, by Andrew's Dad — Confessions of a Special Needs Dad offers hope, healing and, most of all, honesty as well as an important reminder that you are not alone.

Dads of Disability: Stories for, by, and about fathers of children who experience disability, by Gary M Dietz — This book helps to show that Dads can be and are a part of raising a child with a disability.

Different DADS: Fathers Stories of Parenting Disabled Children, Edited by Jill Harrison, Matthew Henderson and Rob Leonard — Different Dads is a collection of [17] inspiring personal testimonies written by fathers (in the UK) who reflect on their own experiences and offer advice to other fathers and families on the challenges of raising a child with a disability.

Father's Day: A Journey into the Mind and Heart of My Extraordinary Son, by Buzz Bissinger — Buzz Bissinger's twins were born three minutes—and a world—apart. Gerry, the older one, is a graduate student at Penn, preparing to become a teacher. His brother Zach has spent his life attending special schools. He'll never drive a car, or kiss a girl, or live by himself. This is their journey together!

Uncommon Fathers: Reflections on Raising a Child with a Disability, Edited by Donald J. Meyer — A compelling collection of essays by fathers about the life-altering experience of having a child with a disability, an introspective and honest look at this deeply emotional subject, offering a seldom-heard perspective on raising children with special needs.

If you have questions or recommendations for the Library, send an email to

ProjectAssist@dhhs.nv.gov

Catalog at: <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>

EI program information > http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/

NORTHEASTERN NEVADA EARLY INTERVENTION SERVICES

* contact your Developmental Specialist/Service Coordinator for more information

⇒ **Nevada Early Intervention Services (NEIS)—Elko/Ely/Winnemucca:**

- **NICU Family Support Group** in Elko. Contact Sandra LaPalm: slapalm@adsd.nv.gov or 775-753-1214

NORTHWESTERN NEVADA EARLY INTERVENTION SERVICES

* contact your Developmental Specialist/Service Coordinator for more information

⇒ **Advanced Pediatric Therapies—Reno:**

- **Community Play groups** every 2nd & 4th Friday, of each month. Lots of fun games and activities for the kids.
- **Jump Man Jump Motor playgroup** that is held every 1st & 3rd Mondays of the month.
- **Feeding group "Lil Tidbits"** is every 1st & 3rd Mondays at our clinic each month.
- **Social skills/Language playgroup** with Washoe County Library Story Time on the 2nd & 4th Fridays of each month.
- **"Make and Take" night** where parents can make some picture symbols/visual schedules, language cards etc. to take and use at home. Details on our website or facebook page www.aptkidsnevada.com

⇒ **Capability Health and Human Services—Reno:**

- **Discover Your Way**—Designed to meet the needs of children on the Autism Spectrum and with sensory and/or perception disorders. Call for information.
- **Playgroups** on Tuesdays at 1pm, for Ages 0-3. Come Join the Fun! Call ahead to reserve your spot at 775-434-0488

⇒ **Nevada Early Intervention Services (NEIS)—Carson City (775-687-0101):**

- **Playgroup in Fallon** with the Parks and Recreation department.
- **Music/Speech and Language group** in Carson City.
- We have a **donation closet** for our families. Contact us!

⇒ **Nevada Early Intervention Services (NEIS)—Reno:**

- **Parent Support Group** on the last Wednesday of each month. Questions: paulacrاندell@adsd.nv.gov or 775-687-9748
- **Breastfeeding Circle** at NEIS — Every Wednesday from 5:30—6:30 pm. Contact Emily Chappell, 775-223-2127
- **Family TIES** provides support with **Medicaid/SSI and other Social Services applications** every 2nd Monday from 10am-12noon at NEIS, by RSVP only! Call to RSVP: 775-823-9500
- **Friends of Special Children** - Has supported families at NEIS in so many ways. If you are interested, contact Gretchen Canepa at 688-0303 or GCanepa@adsd.nv.gov.
- **Nevada Hands and Voices** meets at NEIS, usually the 3rd Thursday of every other month on the "odd" months, at 6:00 pm. Contact: 775-351-1959, or email: info@nvhandsandvoices.org

⇒ **Therapy Management Group (TMG)—Reno:**

- **Inclusive Developmental Play Group** at Early Head Start. Call Melissa McGovern at: 775-525-4072.

⇒ **The Continuum—Reno:**

- **Carousel Kids** is an inclusive childcare program. We also offer an intergenerational experience with elders from our onsite adult day program. For more information or to schedule a tour, phone: 775-829-4700.
- **Literacy Land**—FREE! Gently used books for children birth-5 years. Donations welcome. Meet, mingle, share, with your friends! Look for our collection bins around town! For information call the Continuum's Early Intervention at (775) 221-8054 or email at info@continuumreno.com . Visit us at continuumreno.com

EI program information > http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/

SOUTHERN NEVADA EARLY INTERVENTION SERVICES

* contact your Developmental Specialist/Service Coordinator for more information

⇒ **Capability Health and Human Services—Las Vegas:**

- **Playgroups** on Fridays. Come Join the Fun! Call Jodie Sipes at: 702-860-4914

⇒ **MD Developmental Agency (MDDA)—Las Vegas:**

- We welcome to the Nevada early intervention system our newest program, MD Developmental Agency. More information coming soon!

⇒ **Nevada Early Intervention Services (NEIS)—Las Vegas:**

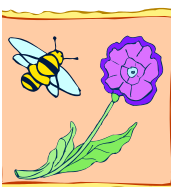
- **Yoga & Literacy Group** at Family to Family Connection, Cambridge Community Center: This biweekly class combines exercise and early literacy for young children. Interested families may contact their Developmental Specialist.
- **Explore & Learn Developmental Playgroups in Las Vegas, North Las Vegas and Henderson—** Weekly, inclusive community playgroups include age-appropriate peer activities for families of infants and toddlers with diverse abilities.
- **Nevada Hands and Voices, Deaf Centers of Nevada, and NEIS** would like to invite you to join our playgroup the 1st and 3rd Wednesdays of the month. Contact Shinica Buncio, NEIS at 702-486-9235 or sbuncio@adsd.nv.gov

⇒ **Positively Kids—Las Vegas:**

- Positive Behavior Support Nevada and Positively Kids Early Intervention (PKEI) has teamed up to provide a series of Parent Education classes in English and Spanish for caretakers: **Potty Pro's, Routines and Transitions, Picky Eaters, and Addressing Challenging Behaviors.** Playgroup simultaneously provided to help caretakers fully participate in class. Interested families may contact their PKEI Developmental Specialist.

⇒ **Therapy Management Group (TMG)—Las Vegas:**

- **Milagros Escondidos** family support group, last Thursday each month, at 6:30pm, East Las Vegas Community Center located at 250 N. Eastern Ave.
- **Inclusive Developmental Playgroups.** Thursdays at Family to Family & UNLV Preschool. Contact Robbi Lucero at: 702-335-1666 or rlucero@tmgnv.com



Nevada's Central Directory website, filled with information and resources, includes a "Links" page with all kinds of useful local, state, and national websites.

<http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST>





Intervención Temprana de Nevada - Boletín familiar de Primavera-Verano

Abril - Mayo - Junio 2020 Volumen 10 No 2

Mensaje del Coordinador Estatal de Recursos Familiares de la Parte C, Información y Referencia. . .

Estimados padres / familias:

Es esa época del año nuevamente para celebrar tanto el "Día de la madre", en Mayo como el "Día del Padre", en Junio. Como cualquier padre, cuando descubre que su hijo tiene una discapacidad, lo primero que busca es información, leer libros, investigar el internet y hacer preguntas.

Las familias son una parte clave del equipo de intervención de la primera infancia. Sin embargo, los padres de niños con discapacidades enfrentan diariamente una abrumadora variedad de decisiones en apoyo de sus hijos. El cuidado familiar implica apoyo médico, educativo, emocional y psicológico, tanto para los niños con discapacidades como para otros miembros de la familia (por ejemplo, hermanos).

Uno de los recursos disponibles para los padres, los profesionales, los educadores y el personal que trabaja con los jóvenes. los niños

con discapacidades y sus familias es la Biblioteca de Educación Especial para la Primera Infancia ubicada en la Oficina de Parte de IDEA.

Esta biblioteca contiene cientos de libros, artículos, videos sobre niños, familias, discapacidades, paternidad, abuelos, relaciones entre hermanos, trabajo en equipo y prácticas de intervención temprana.

Esta biblioteca está disponible para su uso en todo el estado para las familias, proveedores de servicios y educadores; las familias pueden solicitar materiales a través de su coordinador de servicios. Consulte algunos de los libros para mamás y papás en las páginas 4 y 5.

Si tiene preguntas, contáctenos: ProjectAssist@dhhs.nv.gov o al 1-800-522-0066

Sinceramente,
Dan Dinnell



Cheryl, Eric, and Dan

NEVADA'S EARLY INTERVENTION SERVICES

IDEA Part C Office

1000 E. William Street, Suite 105

Carson City, NV 89701

Office: (775) 687-0544

Project ASSIST

1-800-522-0066

To receive the newsletter electronically contact us!

ProjectAssist@dhhs.nv.gov

Resumen del programa — página 2

BIBLIOTECA — páginas 4 y 5

Actividades del programa — página 6 y 7



Estimados padres / familias,

Una invitación para asistir ...

Consejo de Coordinación Interinstitucional de Intervención Temprana de Nevada (ICC)

El ICC de Nevada se creó para asesorar y ayudar a Nevada en el desarrollo e implementación de un sistema estatal de servicios de intervención temprana para niños pequeños con retrasos en su desarrollo o discapacidades y sus familias. Es especialmente importante escuchar a las familias y lo alentamos a participar. La próxima reunión (**Cara-a-cara en Las Vegas**):

Jueves, 30 de abril, a Viernes, 1 de Mayo, 2020, a las 9:00 a.m.

Siempre revise las agendas de las reuniones para las ubicaciones, horarios y cambios, publicados en: <http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/>

Los estatutos y la membresía de ICC se pueden ver en <http://dhhs.nv.gov/Programs/IDEA/ICC/Home/>

debajo de "¿Quién está en el ICC?", haga clic en Membresía actual.

Para obtener información, contáctenos en ProjectAssist@dhhs.nv.gov o 1-800-522-0066

Puntos destacados del programa

"Apoyar las conexiones y capacidades de las familias. Brindar oportunidades para que las familias desarrollen sus conocimientos y habilidades para fomentar el desarrollo, el aprendizaje y el bienestar de los niños; abogar por sus hijos y su familia; compartir experiencias y conocimientos con otras familias; y asumir roles de liderazgo y defensa en los sistemas y programas de la primera infancia. . . "

– U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES and U.S. DEPARTMENT OF EDUCATION POLICY

Grupo de apoyo para padres – Por qué debería ser este, una pieza crítica, de su jornada de intervención temprana?



¿Sabían que los Servicios de intervención temprana de Nevada (NEIS) en Reno, han tenido un grupo de apoyo para padres durante más de un año? Este grupo de apoyo brinda esperanza, apoyo social, información y alienta la defensa de su hijo. Los temas de las reuniones varían de mes a mes y, a veces, los oradores invitados se unen a nosotros para hablar sobre los recursos de la comunidad o varios temas de intervención temprana (IE), como el envejecimiento y qué se puede esperar del distrito escolar.

Nuestro grupo mensual presenta a los padres con otras personas que enfrentan desafíos similares, mientras intentan navegar por los sistemas de los Servicios de intervención temprana. Conocer a otros que tienen los mismos desafíos como cuando compran comestibles, entrenan a los hijos para ir al baño, etc., da una sensación real de alivio para los padres que pensaron que nadie más los podrían entender. Los padres de intervención temprana a menudo se sienten aislados. Asistir a un grupo de apoyo puede proporcionar un lugar seguro para conocer a otros con experiencias similares. Los padres incluso pueden intercambiar números de teléfono y ofrecerse apoyo fuera del grupo según sea necesario. El apoyo de los otros padres y proveedores puede ofrecer capacitación y educación adicional para aumentar el conocimiento, la experiencia y las habilidades de los padres, en la crianza de los niños con desafíos similares.

El grupo está dirigido por un trabajador social de nivel maestría y un especialista en desarrollo / MFT. Estos expertos pueden ayudarlo a obtener información y recursos de referencia, apoyo individualizado para los padres, servicios de intervención en crisis, apoyos especializados para familias que tienen problemas usando los sistemas de bienestar infantil, sistemas escolares, etc. y pueden ayudarlo a conectarse a nivel emocional con otros padres que pasan por experiencias similares. Nuestros expertos guían discusiones con los padres en un ambiente seguro, sin prejuicios, en áreas de crecimiento, sentimientos y otras emociones.

Los Servicios de Intervención Temprana de Nevada en Reno reconocen que los padres están ocupados, razón por lo cual estos grupos se llevan a cabo temprano en la noche, y ofrecen cena y cuidado de niños durante la junta.

Para obtener más información, llame a Paula Crandell al 775-687-9748 o envíe un correo electrónico a paulacrandell@adsd.nv.gov

"Cuando conocemos los hechos sobre las personas, sabemos cuáles son. Cuando conocemos sus historias, sabemos quiénes son". (John Quincy Adams)

"Soy un gran creyente en la intervención temprana" - Temple Grandin

Iniciativa de defensa de los padres de Nevada: por los padres, para los padres: es toda la información privilegiada sobre el sistema de servicios de intervención temprana de Nevada en un lugar común. Este proyecto consta de una página de apoyo para padres en Facebook **Facebook** (www.nvparents.com/fb) para familias con niños en Servicios de intervención temprana, información para brindar a los padres el conocimiento básico que necesitan para acceder y utilizar los servicios de manera efectiva, y un sitio web que comparte con todos. **Intervención Temprana Padres Nevada** es un lugar para que se conecten todos los padres de niños con discapacidades. Publique sus historias personales, pregunte sobre el desarrollo y/o discapacidad de su hijo, pregunte sobre los programas de intervención temprana, intercambie excelentes artículos para padres que haya encontrado, recursos comunitarios y eventos en

www.nvparents.com

Mi nombre es Cheryl-Annette Parker, y ayudo a la **Fundación Signing Time** con algunos de sus proyectos y programas de divulgación. La **Fundación Signing Time** se dedica a hacer que el lenguaje de señas sea divertido y accesible para todos los niños. Quería informarle acerca de un recurso gratuito que proporcionamos a los padres de niños menores de 3 años con necesidades especiales.

Nuestro nuevo curso en línea de Lenguaje de Signos Americano, "Sign It: American Sign Language Made Easy" es un esfuerzo colaborativo de muchas personas y grupos, incluyendo la Signing Time Foundation, NCHAM, y numerosos profesionales en la comunidad de sordos. Es un curso en línea y autoguiado que utiliza sketches humorísticos para ayudar a sumergir a los estudiantes en el idioma. A medida que se producen y completan las lecciones, las ponemos a disposición del público en <https://signitasl.com>. Eventualmente, planeamos tener 50 lecciones; hasta ahora 15 de ellas han sido financiadas y liberadas.

El curso completo está disponible de forma gratuita para los padres de niños sordos o con dificultades auditivas (cualquier nivel) menores de tres años. Para recibir acceso, los padres deben llenar el formulario de solicitud en www.mydeafchild.org. Hasta ahora, hemos dado este curso a más de 3.000 familias en los Estados Unidos. Si las familias no califican para el programa gratuito (su hijo es mayor de 36 meses), todavía pueden comprarlo. También tenemos licencias de sitios educativos disponibles para escuelas y grupos grandes.

Recientemente, lanzamos una campaña de financiación para permitirnos regalar este mismo curso a los padres de TODOS los bebés y niños pequeños en los EE.UU. con discapacidades (como se define en IDEA Parte C). Una vez que se cumpla nuestro objetivo de financiamiento, abriremos este nuevo programa a miles de familias adicionales. Si desea seguir esa campaña, puede realizar un seguimiento en <https://donorbox.org/signit4all>

Por favor, hágamelo saber si tiene alguna pregunta sobre nuestros programas de divulgación.

Many thanks,
Cheryl-Annette
Email: foundation@signingtime.com

Aplicación gratuita de seguimiento de hitos de los CDC (¡disponible en español!)

Realice un seguimiento de las metas de su hijo desde los 2 meses hasta los 5 años con las listas de verificación ilustradas fáciles de usar del CDC; obtenga consejos del CDC para alentar el desarrollo de su hijo; y descubra qué hacer si alguna vez le preocupa cómo se está desarrollando su hijo.

Desde el nacimiento hasta los 5 años, su hijo debe alcanzar metas en la forma en que juega, aprende, habla, actúa y se mueve. ¡Las fotos y los videos en esta aplicación ilustran cada meta y hacen que el seguimiento de estas sea fácil y divertido!

El uso de esta aplicación no sustituye el uso de herramientas de evaluación del desarrollo validadas y estandarizadas, como las que recomienda la Academia Estadounidense de Pediatría.

<https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

The Part C Family Newsletter has opportunities to suggest and share... You are invited to submit articles, share your story, or include your child in a Family Spotlight, with a photo. (All items are subject to editing and review.)

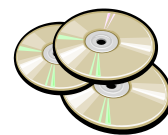


For Families & Professionals —

FREE LENDING LIBRARY

There are a great many things to learn... check them out!!!

Hundreds of books and DVDs are available for use statewide—
contact your service provider or coordinator



Mother's Day is May 10

A few of our Books for Moms

A Cup of Comfort for Parents of Children with Special Needs: Stories that celebrate the differences in our extraordinary kids, by Colleen Sell, – A diagnosis of a child's special need can be extremely difficult for parents. However, every day, these children accomplish small victories and make great strides that improve their own lives—and brighten their parents' days.

Becoming a Seriously Happy Special Needs Mom: 21 Steps to Finding Your Happy Place, by Linda James Bennett – As a special needs mom we forget to take care of ourselves, because we are so busy taking care of everyone and everything. This level of busy is exhausting. Practical tips, life lessons, and strategies to open your mind to new ways of thinking.

Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations — award-winning writer Judy Winter helps parents 'raise the bar of expectations' for their challenged children. From getting over the myth of the perfect baby, to dealing with staring, to maneuvering the school system, her wisdom is both practical and inspiring."

Building a Joyful Life with your Child who has Special Needs, by Whiteman and Roan-Yager — This book considers the challenges of caring for children with physical, developmental and mental health disorders. Chapters deal with key topics such as coping with a diagnosis, discussing support needs with a child's teachers and explaining a child's differences to their peers, and the authors stress the importance of parents building support systems for themselves and their children.

Living a Happy Life with a Special-Needs Child: A Parent's Perspective, by Robin Williams Evans — An invaluable resource for parents and caregivers of special-needs children, as well as anyone who wants to better understand them. Topics include surviving the neonatal intensive care unit, taking care of yourself and your significant other, organizing doctor's appointments, managing hospital stays, skillfully navigating insurance, and finding childcare.

More Than A Mom: Living A Full And Balanced Life When Your Child Has Special Needs, by Amy Baskin & Heather Fawcett — Research, personal experiences, and feedback from over 500 mothers across North America results in a book that is jam-packed with practical strategies, advice, and reassurance for mothers trying to create more manageable and fulfilling lives.

Shut Up About Your Perfect Kid: A Survival Guide for Ordinary Parents of Special Children, by Gina Gallagher and Patricia Konjoian – They address the challenges, the heartbreak, and the touching victories of parenting children with disabilities today.

If you have questions or recommendations for the Library, send an email to

ProjectAssist@dhhs.nv.gov

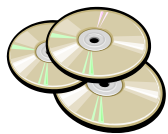
Catalog at: <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>



[Cupones de día de las madres imprimibles gratis](https://www.homemade-gifts-made-easy.com/mothers-day-coupons.html)

Cupones gratuitos para el Día de la Madre para imprimir Este es un regalo fácil para el Día de la Madre para imprimir y descargar. (Mamás, si estás segura de que alguien olvidará tu día especial, no dudes en descargar e imprimir los cupones para ellos).

<https://www.homemade-gifts-made-easy.com/mothers-day-coupons.html>



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Father's Day is June 21

A few of our Books by Dads for Dads

Autism in the Family: Caring and Coping Together, by Robert Naseef — How can parents provide the best support for their child with autism—and ensure that the whole family's needs are met? A practicing psychologist and father of an adult son with autism, Dr. Naseef has both personal and professional expertise to share.

The Boy in the Moon - A Father's Journey to Understand His Extraordinary Son, by Ian Brown — Ian's son Walker, is one of about 300 people worldwide diagnosed with an extremely rare genetic mutation with significant disabilities, so Ian travels the globe, meeting with genetic scientists and neurologists as well as parents, to solve the questions doctors can't answer.

Chosen Fathers: Life Lessons Learned from Fathers of Children with Disabilities, by Eliya Stromberg — Chosen Fathers is frankly about marriage, sibling rivalry, financial stress, community relations, challenges of faith, feelings of inadequacy, burn out, and more.

Common Man, Extraordinary Call: Thriving as the Dad of a Child with Special Needs, by Jeff Davidson & Becky Davidson — As a twenty-year veteran of special-needs parenting, Jeff Davidson wrote a field manual to give fathers the skills required for the day-to-day demands of parenting: warrior, protector, provider, encourager, and equipper.

Confessions of a Special Needs Dad: Honesty and Hope for the Journey, by Andrew's Dad — Confessions of a Special Needs Dad offers hope, healing and, most of all, honesty as well as an important reminder that you are not alone.

Dads of Disability: Stories for, by, and about fathers of children who experience disability, by Gary M Dietz — This book helps to show that Dads can be and are a part of raising a child with a disability.

Different DADS: Fathers Stories of Parenting Disabled Children, Edited by Jill Harrison, Matthew Henderson and Rob Leonard — Different Dads is a collection of [17] inspiring personal testimonies written by fathers (in the UK) who reflect on their own experiences and offer advice to other fathers and families on the challenges of raising a child with a disability.

Father's Day: A Journey into the Mind and Heart of My Extraordinary Son, by Buzz Bissinger — Buzz Bissinger's twins were born three minutes—and a world—apart. Gerry, the older one, is a graduate student at Penn, preparing to become a teacher. His brother Zach has spent his life attending special schools. He'll never drive a car, or kiss a girl, or live by himself. This is their journey together!

Uncommon Fathers: Reflections on Raising a Child with a Disability, Edited by Donald J. Meyer — A compelling collection of essays by fathers about the life-altering experience of having a child with a disability, an introspective and honest look at this deeply emotional subject, offering a seldom-heard perspective on raising children with special needs.

If you have questions or recommendations for the Library, send an email to

ProjectAssist@dhhs.nv.gov

Catalog at: <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>

Información del programa de intervención temprana >

http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/

Servicios de Intervención Temprana del Noreste de Nevada

* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información.

⇒ **Servicios de Intervención Temprana de Nevada – Elko / Ely / Winnemucca:**

- Grupo de apoyo familiar de la NICU en Elko. Póngase en contacto con Sandra LaPalm: slapalm@adsd.nv.gov o 775-753-1214

Servicios de Intervención Temprana de Northwestern Nevada

* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información

⇒ **Terapias Pediátricas Avanzadas—Reno:**

- Grupos de juegos comunitarios Cada 2do y 4to viernes, de cada mes. Un montón de juegos y actividades divertidas para los niños.
- Grupo de juego Man Jump Motor que se celebra cada 1er y 3er lunes del mes.
- El grupo de alimentación "Lil Tidbits" es cada 1er y 3er lunes en nuestra clínica cada mes.
- Habilidades sociales / grupo de juego de idiomas con el Tiempo de lectura de la Biblioteca del Condado de Washoe los días 2 y 4 de cada mes.
- Noche de "Hacer y Tomar" donde los padres pueden hacer algunos símbolos de imágenes / horarios visuales, tarjetas de idiomas, etc. para llevar y usar en casa. Detalles en nuestro sitio web o página de Facebook www.aptkidsnevada.com

⇒ **MD Agencia de Desarrollo (MDDA)—Reno**

- Descubre a tu manera—Diseñado para satisfacer las necesidades de los niños en el espectro del autismo y con trastornos sensoriales y / o de percepción. Llame para más información.
- Grupos de juego los Martes a la 1 pm, para edades de 0-3 años. ¡Únete a la diversión! Llame con anticipación para reservar su lugar al 775-434-0488

⇒ **Servicios de Intervención Temprana de Nevada—Carson City (775-687-0101):**

- Grupo de juego en Fallon con el departamento de Parques y Recreación.
- Grupo de música / idiomas en Carson City.
- Tenemos un armario de donaciones para nuestras familias. ¡Contáctanos!

⇒ **Servicios de Intervención Temprana de Nevada—Reno:**

- Grupo de apoyo para padres el último miércoles de cada mes. Preguntas: paulacrandell@adsd.nv.gov o 775-687-9748
- Círculo de lactancia materna en NEIS: todos los miércoles de 5: 30—6: 30 pm.
- Póngase en contacto con Emily Chappell, 775-223-2127
- Family TIES brinda asistencia con Medicaid / SSI y otras aplicaciones de servicios sociales cada 2do lunes de 10am-12 del mediodía en NEIS, por RSVP solamente! Llame para confirmar su asistencia: 775-823-9500
- Amigos de niños especiales: ha apoyado a las familias en NEIS de muchas maneras.
- Si estás interesado, contacta con Gretchen. Canepa al 688-0303 o GCanepa@adsd.nv.gov.
- NEVADA Hands and Voices se reúne en NEIS, generalmente el tercer jueves de cada mes en los meses "impares", a las 6:00 pm. Contacto: 775-351-1959, o al correo electrónico: info@nvhandsandvoices.org

⇒ **Grupo de Gestión de Terapia (TMG)—Reno:**

- Grupo de juego de desarrollo inclusivo en Early Head Start. Llame a Melissa McGovern al: 775-525-4072.

⇒ **The Continuum—Reno**

- Carousel Kids es un programa de cuidado infantil inclusivo. También ofrecemos una experiencia intergeneracional con ancianos de nuestro programa diurno para adultos en el sitio. Para obtener más información o para programar un recorrido, llame al: 775-829-4700.
- Tierra de alfabetización, ¡GRATIS! Libros de uso suave para niños de nacimiento-5 años. Donaciones bienvenidas. ¡Reúnete, reúnete, comparte, con tus amigos! ¡Busca nuestros contenedores de recogida en la ciudad! Para información, llame a la Intervención Temprana de Continuum al (775) 221-8054 o envíe un correo electrónico a info@continuumreno.com. Visítenos en continuumreno.com

Información del programa de intervención temprana >

http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/

Servicios de Intervención Temprana del Sur de Nevada

* comuníquese con su Especialista de Desarrollo / Coordinador de Servicios para obtener más información

⇒ **Servicios humanos y de salud de la capacidad—Las Vegas:**

- Grupos de juego los viernes. ¡Únete a la diversión! Llame a Jodie Sipes al: 702-860-4914

⇒ **MD Agencia de Desarrollo (MDDA)—Las Vegas:**

- *Damos la bienvenida al sistema de intervención temprana de Nevada, nuestro programa más reciente, MD Developmental Agency. ¡Más información próximamente!*

⇒ **Nevada Servicios de intervención temprana—Las Vegas**

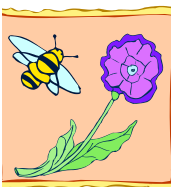
- Grupo de Yoga y Alfabetización en Family to Family Connection, Centro Comunitario de Cambridge: Esta clase quincenal combina ejercicio y alfabetización temprana para niños pequeños. Las familias interesadas pueden contactar a su Especialista en Desarrollo.
- Explora y aprende grupos de juego para el desarrollo en Las Vegas, North Las Vegas y Henderson—Los grupos de juegos comunitarios e inclusivos incluyen actividades de edad apropiadas para las familias con bebés y niños pequeños con capacidades diversas.

⇒ **Positivamente para los niños—Las Vegas:**

- Apoyo al Comportamiento Positivo Nevada y Positively Kids Early Intervention (PKEI) se ha asociado para proporcionar una serie de clases de Educación para Padres en Inglés y Español para cuidadores: Potty Pro's, Rutinas y Transiciones, Picky Eaters, y Addressing Challenging Comportamientos. Grupo de juego al mismo tiempo proporcionado para ayudar a los cuidadores a participar plenamente en la clase. Las familias interesadas pueden ponerse en contacto con su Especialista en Desarrollo de PKEI.

⇒ **Grupo de Gestión de Terapia (TMG)—Las Vegas**

- Grupo de apoyo familiar Milagros Escondidos, el último jueves de cada mes, a las 6:30 pm, en el Centro Comunitario de East Las Vegas ubicado en 250 N. Eastern Ave.
- Grupos de juego de desarrollo inclusivo Los jueves en Family to Family y UNLV Preschool. Comuníquese con Robbi Lucero al: 702-335-1666 o con rlucero@tmgnv.com



Nevada's Central Directory website, filled with information and resources, includes a "Links" page with all kinds of useful local, state, and national websites.

<http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST>

